

VALLEY SHORE YMCA MAINTENANCE SCHEDULE 2025

The YMCA Partial Opening

Opening Thursday, August 28th at 5:00 AM

The Following Will Be OPEN:

- Brady Wellness Center
- Functional Training Room (FTR)
- All Spin Classes Resume
- Some Outdoor Group Ex Classes
- Locker Rooms

The Pool Will OPEN

Sunday, August 31st

- Resume Regular Pool Schedule

The Group Ex Room and Racquetball Will OPEN

Tuesday, September 2nd

- Racquetball Reservations will be available
- Modified Group Ex Class Schedule is in effect

The Gym Will OPEN

Monday, September 8th

- New Fall Group Ex Schedule
- Pickleball Resumes
- Adult Basketball Resumes
- Open Gym Time Resumes



We can't wait for you to see
the improvements!