



Valley Shore YMCA

Basketball Gymnasium Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Open Gym 5:00-8:30a	Open Gym 5:00-7:45a	Open Gym 5:00-7:45a	Open Gym 5:00-8:45a	Open Gym 5:00-7:30a	
Open Gym 7:00-8:15a	GroupEx Classes 9:00-11:00a	GroupEx Classes 8:00-11:00a	GroupEx Classes 8:00-11:15a	GroupEx Classes 9:00-11:00a	GroupEx Classes 7:45-11:00a	Open Gym 7:00-8:30a
GroupEx Classes 8:30-9:30a		Open Gym 11:15a-12:30p		Open Gym 11:15a-12:30p		GroupEx Classes 8:45-9:45a
Open Gym 9:45-11:45a	Adult Basketball 12:00-2:00p		Adult Basketball 12:00-2:00p		Adult Basketball 12:00-2:00p	Open Gym 10:00a-2:45p
Gym Rental (\$) 12:00-1:00p	Open Gym 2:00-5:15p	Open Gym 2:15-5:45p	Open Gym 2:00-3:15p	Open Gym 2:15-5:45p	Open Gym 2:00-3:15p	
Pickleball 1:00-3:00p			Pickleball 3:30-5:30p		Pickleball 3:30-5:30p	Gym Rental (\$) 1:00-2:00p
	GroupEx Classes 5:30-6:30p		Open Gym 5:45-8:45p	GroupEx Classes 6:00-7:00p	Open Gym 5:45-7:00p	Gym Rental (\$) 3:00-4:30p
						Gym Rental (#) 4:30-5:45p
	Open Gym 7:15-8:45p	Full Court Basketball 7:30-8:45p		Full Court Basketball 7:30-8:45p	Kid's Night Out 7:00-9:00p	

- **(\$)** Gym rentals are external groups renting our space. If they do not come, the gymnasium will be used for open gym. Call our welcome center to check for rentals.
- **(#)** Gym rentals are external groups renting our space. If they do not com, the gymnasium will be used for full court basketball. Call our welcome center to check for rentals.
- The schedule has periods between events that are not specifically reserved. These periods allow for cleaning, flexibility for delays, or special programming. The gymnasium may not be available for use during these periods.
- Adult Basketball - The gymnasium is used for 18+ full court pick up basketball.
- Pickleball - For ages 13 and up. To register please go to vsymca.org and click on schedules and reservations.
- Open gym - The gymnasium is for all. Including families who wish to play together. For basketball and perimeter walking of the court.
- Full Court Basketball - The gymnasium is used for 12+ full court pick up basketball.
- GroupEx Classes - The gymnasium is closed for class use. Classes may utilize an extra 15 minutes before and/or after for setup/cleanup.

See a director for more information or questions. Schedule is subject to change. Updated 02.20.24