

# WELCOME TO YMCA CAMP SHORE



## WHY CHOOSE CAMP SHORE?

Our day camp program helps children learn about who they are and become who they want to be. It's about developing new skills and healthy habits, reaching goals and building relationships. We help children gain self-confidence and build character while focusing on the whole child in spirit, mind, and body.

### GENERAL INFORMATION

**LOCATION:** 201 Spencer Plains Rd  
Westbrook, CT 06498  
P: 806-399-9622

### SCHEDULE

Camp runs in one week sessions from June 22 to August 21. Regular camp hours are 9 AM to 4 PM.

### EXTENDED CAMP CARE

**BEFORE CARE:** 7-9 AM  
**AFTER CARE:** 4 - 6 PM  
Before **OR** After care add: \$45/session

## TRADITIONAL CAMPS

The traditional camp experience provides the most opportunity for making friends, learning new skills and creating magical summer memories. Campers will have time for archery, ropes challenge course, swimming, arts & crafts, camp crafts, sport games and more!

**EXPLORERS** (entering grade K)

**TRAVELERS** (entering grades 1 - 3)

**RANGERS** (entering grades 4-5)

**TRAILBLAZERS** (entering grades 6-8)

**CIT** (Counselor in Training, ages 14 - 16)

This is a two week leadership training experience for campers ready to learn what it takes to lead a group of peers and children.

## SPECIALTY CAMPS

Each specialty camp meets in the morning from 9 AM until 12 noon. Campers will then participate in traditional camp activities for the afternoon. This way campers get to do a little bit of everything and a lot of the specialty they like the most!

**BLOCKS & BRICKS** (grades 1-3): Imagine, design & create some of the most outrageous structures featuring brand name bricks and other building materials!

**BUILDER'S WORKSHOP** (grades 1-3): If your camper likes to build, then this is the camp for them! Campers will build all sorts of structures or all sizes inside and out!

**CHEER/DANCE SPIRIT CAMP** (grades 1-5): Campers will learn how to create excitement and engage the crowd during the game and work on jump drills and learn sideline cheers.

**FARM TO TABLE GARDENING & COOKING CAMP** (grades 1-5) With a generous grant from the Rockfall Foundation, campers will learn the importance of growing, harvesting and preparing fresh foods while being stewards of the earth.

**WARRIOR CAMP** (grades 4-8): This active program will feature fitness professionals leading workouts, exercises, martial arts and archery! Plenty of activity, perfect for the camper who loves to move!

**OUTDOOR EXPLORATION** (entering grades 4-8) - Explore and share nature right here at home on the Connecticut shoreline. Have fun outdoors on our low rope course, hiking, fire-building, and campfire cooking. Build a fort!

**THEATER CAMP** (entering grades 1-3) - This will foster your creativity and give you the confidence you need to practice and perform a skit under the guidance of local artists. We'll learn about improv, staging, and blocking.

**SPORTS, NUTRITION & FITNESS** (entering grades 4-8) - Get active with this health and fitness class. You'll learn how to set your own achievable goals while working with a weight loss specialist.

**S.T.E.M.** (entering grades 4-8) - Discover! Explore! Create! You'll do hands-on investigation while problem-solving in collaboration with your teammates. The culminating project is building a robot!

**UK INTERNATIONAL SOCCER** (entering grades 2-8) - UK Soccer goals are to build confidence and teach fundamentals through fun and exciting games, all to help players improve technical development and skill building in a stimulating environment.



# YMCA CAMP SHORE

UNITS	Entering Grade	Session 1 6/22 - 6/26	Session 2 6/29 - 7/3	Session 3 7/6 - 7/10	Session 4 7/13 - 7/17	Session 5 7/20 - 7/24	Session 6 7/27 - 7/31	Session 7 8/3 - 8/7	Session 8 8/10 - 8/14	Session 9 8/17 - 8/21
<b>Explorers</b>	K	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235
<b>Travelers</b>	1-3	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235
<b>Rangers</b>	4-5	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235
<b>Trailblazers</b>	6-8	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235	<input type="checkbox"/> \$235
<b>CIT</b>	<b>AGES</b>	<input type="checkbox"/> \$350		<input type="checkbox"/> \$350		<input type="checkbox"/> \$350		<input type="checkbox"/> \$350		
	14 - 16	<b>\$350 FOR 2 WEEKS. REGISTER IN 2 WEEK BLOCKS.</b>								
<b>SPECIALTY CAMP ADD-ONS: ADD AN ADDITIONAL HALF DAY OF SPECIALTY CAMP PROGRAMMINGS FOR ONE LOW PRICE!</b>										
<b>Sports, Nutrition</b>	4-8	<input type="checkbox"/> +\$45							<input type="checkbox"/> +\$45	
<b>Blocks &amp; Bricks</b>	1-3	<input type="checkbox"/> +\$45								
<b>Warrior</b>	4-8		<input type="checkbox"/> +\$45							
<b>Builder's Workshop</b>	1-3		<input type="checkbox"/> +\$45							
<b>UK Soccer</b>	2-8			<input type="checkbox"/> +\$45			<input type="checkbox"/> +\$45			
<b>Cheer &amp; Dance</b>	1-5			<input type="checkbox"/> +\$45			<input type="checkbox"/> +\$45			
<b>Outdoor Exploration</b>	4-8				<input type="checkbox"/> +\$45			<input type="checkbox"/> +\$45		
<b>Theater Camp</b>	1-3					<input type="checkbox"/> +\$45				
<b>STEM Camp</b>	4-8					<input type="checkbox"/> +\$45				
<b>Farm to Table</b>	1-5								<input type="checkbox"/> +\$80	
<b>Before &amp; After Care</b>	All Ages	<input type="checkbox"/> \$45 Before	<input type="checkbox"/> \$45 Before	<input type="checkbox"/> \$45 Before	<input type="checkbox"/> \$45 Before	<input type="checkbox"/> \$45 Before	<input type="checkbox"/> \$45 Before	<input type="checkbox"/> \$45 Before	<input type="checkbox"/> \$45 Before	<input type="checkbox"/> \$45 Before
		<input type="checkbox"/> \$45 After	<input type="checkbox"/> \$45 After	<input type="checkbox"/> \$45 After	<input type="checkbox"/> \$45 After	<input type="checkbox"/> \$45 After	<input type="checkbox"/> \$45 After	<input type="checkbox"/> \$45 After	<input type="checkbox"/> \$45 After	<input type="checkbox"/> \$45 After
		<input type="checkbox"/> \$90 AM&PM	<input type="checkbox"/> \$90 AM&PM	<input type="checkbox"/> \$90 AM&PM	<input type="checkbox"/> \$90 AM&PM	<input type="checkbox"/> \$90 AM&PM	<input type="checkbox"/> \$90 AM&PM	<input type="checkbox"/> \$90 AM&PM	<input type="checkbox"/> \$90 AM&PM	<input type="checkbox"/> \$90 AM&PM

## YMCA CAMP SHORE REGISTRATION FORM

Please detach this page and return to the Valley Shore YMCA with payment. PLEASE PRINT.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ Town: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age (as of 9/20): \_\_\_\_\_ Grade (fall 2020): \_\_\_\_\_ Gender: M or F  
(Circle)

**Guardian's Name:** \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Guardian's Employer: \_\_\_\_\_ Email: \_\_\_\_\_

**Guardian's Name:** \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Guardian's Employer: \_\_\_\_\_ Email: \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION (OTHER THAN LISTED ABOVE):**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

The following people are authorized to pick up my child:

1. Name \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

2. Name \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

3. Name \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

**Special Information or Allergies:** YES or NO (Circle) If **YES** please provide information here: \_\_\_\_\_

**PAYMENT INFORMATION:**

Credit Card Number: \_\_\_\_\_ Exp Date: \_\_\_\_\_ Signature of Card Holder: \_\_\_\_\_

Charge me in full

Enroll me in MONTHLY AUTO PAY (not available after June 1)

My signature below signifies that I agree with all information on this application and in the camp brochure. I understand that state law prohibits my child from attending camp without a medical form completed by a physician within 36 months prior to the beginning of camp (any physical form expiring March - July 2020 will still be valid). Permission is also granted for the YMCA to take and use photographs of the person named on this application. I authorize YMCA officials to secure medical/emergency attention and treatment for the camper listed above. I have enclosed a \$50.00 refundable deposit per child/per camp session. I also agree to pay the balance of camp fees one week prior to the beginning of the camp session(s). Permission is granted for the signed camper to participate in all planned camp activities including field trips and walking trips. **The undersigned voluntarily agrees to hold the YMCA harmless for injuries or accidents resulting in bodily injury or property damage during the child named above participation in programs at YMCA Camp Shore. I further waive, release, absolve and indemnify the Valley Shore YMCA, YMCA Camp Shore, it's directors, volunteers, officers or employees for injuries or accidents occurring while participating in the programs at YMCA Camp Shore.**

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_