



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

March 13, 2020

Dear Y Members and Families,

In response to the school closures across the Shoreline and in consultation with the Westbrook Health Department, the Valley Shore YMCA will be closed on Monday, March 16 and remain closed until at least March 29, 2020.

This is out of an abundance of caution and concern for the health of our community. Our goal is to slow the spread of the virus and maintain public health. We are part of a community wide effort. During our closure we will do a deep clean of our facilities using approved disinfectants.

Please see below for a few details regarding our closure:

#### **YMCA Facility**

The Y will be closed beginning Monday, March 16. The anticipated duration of the closure is a minimum of 14 days, however, that can change. Prior to reopening, we will conduct a deep clean of the facility.

#### **YMCA Membership**

Please note that we will NOT draft YMCA Membership dues on April 1 if the YMCA is not open. There is no need to put your membership on hold or call. If we open after April 1, we will automatically pro-rate the draft amount accordingly.

#### **Online, Streaming Classes and At Home Workouts**

Kate is working with her Group Ex Instructors to prepare recorded classes that members can take on demand at home! On Monday, March 16th we will also begin live streaming classes on our Facebook page for members to workout in live time at home! Kate will email a schedule of classes to everyone Monday. Ellen will also be preparing workouts for members to do at home. Stay Tuned!!

#### **Youth Swim Lessons**

All Youth Swim Lessons will be postponed two weeks beginning Saturday, March 14th, 2020. We plan to resume all youth swim lessons on Saturday, March 28th, 2020. We will keep all participants updated during this time.

#### **Valley-Shore Y**

201 Spencer Plains Road, Westbrook, CT 06498  
P 860 399 9622 F 860 399 8349 [www.vsymca.org](http://www.vsymca.org)

**Kids' Night Out**

Kids' Night Out will be cancelled beginning tonight, March 13th through March 27th. We will update the status of Kids' Night Out the Week of March 30th.

**Amazing Kids' Room**

Our Amazing Kids' Room/Child Watch will be closed beginning March 13 with a tentative re-open date of Monday, March 30<sup>th</sup>.

**Before and After School Programs**

Since school districts are closed, the Y Before and After School Programs will be closed as well. If the school year is extended until June 30, there will be no additional charge for added days. If the school year is less than 180 days, we will prorate accordingly in June.

**Contact the YMCA**

Though the YMCA will be closed to the public, our director staff will still be here! If you need to reach a member of the Y staff during this time, please email the appropriate director. A contact list of directors can be found here.

Any updates regarding the Y's status will be communicated via email, Facebook page, the Y's website and on the Y's outgoing voicemail message on the main number (860-399-9622).

We'd like to thank you for your understanding during this challenging time. We will keep you informed of any updates pertaining to the Y.

The Connecticut River Area Health District has recommended that following links be shared with our communities to keep residents properly informed about COVID-19:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Sincerely,

Chris Pallatto  
Executive Director