

# TRADITIONAL CAMP

The traditional camp experience provides the most opportunity for making friends, learning new skills and creating magical summer memories. Campers will have time for archery, ropes challenge course, swimming, arts & crafts, camp crafts such as outdoor cooking, sports, games, and lots more. Campers are grouped based on age and the staff tailor the experience to maximize fun and excitement.

## EXPLORERS (entering grade K)

A fun day of exciting and stimulating activities specifically designed for the younger camper. Campers will play active games and sports and participate in arts & crafts, nature activities and much more. The goal is to have fun while focusing on learning how to make friends and learn about caring, honesty, respect and responsibility. Explorers do not participate in archery.

## TRAVELERS (entering grades 1-3)

Campers get more advanced use of specialty areas such as archery and ropes. In addition, they participate in activities that will challenge them to work together and problem solve.

## RANGERS (entering grades 4-5)

These campers are ready for more advanced concepts, challenges and skills. The program is designed to make sure that activities are more in-depth and challenging, whether its sports, games, or arts & crafts projects.

## TRAILBLAZERS (entering grades 6-8)

More emphasis on teambuilding, problem solving and leadership development. Fun activities are selected with the older camper in mind and campers have more say in choosing activities that appeal to them the most.

## CIT (Counselor-In-Training ages 14-16)

This is a four-week leadership training experience for campers who are interested in learning and experiencing what it takes to be a camp counselor. There will be some meeting time with leadership staff and opportunities to work with younger campers. CIT must attend all four weeks, no prorating will be allowed.

# SESSION DATES

9 WEEKS OF SUMMER FUN!

CAMP HOURS 9AM-4PM  
BEFORE AND AFTER CARE AVAILABLE.

Session 1: June 25-29

Session 2: July 2-6\*

\*NO camp July 4.

Session 3: July 9-13

Session 4: July 16-20

Session 5: July 23-27

Session 6: July 30-August 3

Session 7: August 6-10

Session 8: August 13-17

Session 9: August 20-24



Every day at YMCA Camp Shore includes swimming in the YMCA pool.

# SPECIALTY CAMPS

Our specialty camps are designed to provide more focus on one particular area to experienced campers or children with a specific interest. Specially trained staff members will lead the specialty program in the morning and then campers will join up with a traditional camp group for the afternoon... this way they get to do a little bit of everything and a lot of the thing they like most.

**ADVENTURE CAMP** (entering grades 4-8) – This end of the summer celebration is a combination of exciting events and field trips! Space is limited and spots fill quickly. Trips will be to exciting local attractions like amusement parks or adventure centers. Final schedule will be available on May 1st.

**GYMNASTICS** (entering grades 1-8) – Under the direction of experienced gymnastic instructor, Tovah Vincent, campers will learn proper stretching before they practice jumping, tumbling and using the balance beam, rings, vault and more.

**FARM TO TABLE GARDENING & COOKING CAMP** (entering grades 1-6) – With a generous grant from the Rockfall Foundation, Camp Shore will be educating children on the importance of growing, harvesting and preparing fresh foods while being stewards of the earth. Each day will feature a hands-on lesson in our garden teaching beds and then fresh, healthy food preparation. In addition, campers will learn the value of community service as they harvest and deliver fresh produce to the local food pantry. Scholarships specifically for this program are available.

**LITTLE CHEFS** (entering grades 1-6) – Our classic cooking club is back. Children will learn how to prepare snacks and simple meals and then enjoy the yummy treats they create.

**ULTIMATE WARRIOR CAMP** (entering grades 4-8) – We've lined up a professional Krav Maga Instructor, a seasoned fencing coach and an experienced hunter/ archery teacher to offer the most complete training regimen imaginable. You will work your

body and test your skills in this exciting new adventure. Space is very limited. Must be willing to work hard.

**KNIGHT-WOLF'S ROUND TABLE** (entering grades 4-7) – This chivalrous band of adventurers will spend their day with legendary camp leader, Knightwolf, having memorable experiences and being role models of character and friendship. Knightwolf will plan a virtual greatest hits of activities and you can be in on the inner circle. Only the most heroic in attitude should apply.

**WILDERNESS SURVIVAL** (entering grades 4-8) – Build fires, construct emergency shelters, find your direction when you are lost, know what is safe to eat...all these and many more skills will make this camp a unique and valuable experience. Don't get left out in the cold, sign up today.

**SCIENCE MATTERS** (entering grades 3-5) – We are turning the Amazing Kids Room into the Amazing Kids Laboratory. But this is not an observation lab, this is hands on, bubbly, gooey, fascinating and awe inspiring experiments. We supply the beakers and lab coats, you supply the curiosity.

**UK INTERNATIONAL SOCCER** (entering grades 4-8) – The Best Possible Soccer Experience! UK Soccer provides the highest level of soccer instruction available. The goals are to build confidence and teach fundamentals through fun, exciting games, to help players improve technical development and skill building in a stimulating environment, and to increase technical knowledge through challenging game related situations. The UK Soccer half day option runs 9 a.m. to noon and focuses only on soccer. The full day option runs 9 a.m. to 4 p.m. and includes the fun of Camp Shore, swimming, games, crafts, and more.



UNITS	Entering Grade	SESSION 1 6/25-29	SESSION 2 7/2-6 NO CAMP JULY 4	SESSION 3 7/9-13	SESSION 4 7/16-20	SESSION 5 7/23-27	SESSION 6 7/30-8/3	SESSION 7 8/6-10	SESSION 8 8/13-17	SESSION 9 8/20-24	
Explorers	K	<input type="checkbox"/> \$220	<input type="checkbox"/> \$200	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	
Travelers	1-3	<input type="checkbox"/> \$220	<input type="checkbox"/> \$200	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	
Rangers	4-5	<input type="checkbox"/> \$220	<input type="checkbox"/> \$200	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220		
Trailblazers	6-8	<input type="checkbox"/> \$220	<input type="checkbox"/> \$200	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220	<input type="checkbox"/> \$220		
CIT	AGE 14-16	<input type="checkbox"/> \$550					<input type="checkbox"/> \$550				
Before & After Care	All Ages	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$36 Before <input type="checkbox"/> \$36 After <input type="checkbox"/> \$64 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	<input type="checkbox"/> \$45 Before <input type="checkbox"/> \$45 After <input type="checkbox"/> \$80 AM&PM	
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Adventure											
Ultimate Warrior	4-8	<input type="checkbox"/> \$250				<input type="checkbox"/> \$250					
Knight's-Wolf Round Table	4-7				<input type="checkbox"/> \$250			<input type="checkbox"/> \$250			
UK Soccer Full Day	2-8			<input type="checkbox"/> \$260							
UK Soccer Half Day	2-8			<input type="checkbox"/> \$165							
Enrichment											
Wilderness Survival	4-8						<input type="checkbox"/> \$250				
Science Matters	3-5	<input type="checkbox"/> \$250				<input type="checkbox"/> \$250			<input type="checkbox"/> \$250		
Little Chefs	1-5				<input type="checkbox"/> \$260		<input type="checkbox"/> \$260				
Gymnastics	1-8			<input type="checkbox"/> \$250				<input type="checkbox"/> \$250			
TRIP: Adventure Camp	4-8									<input type="checkbox"/> \$315	
Farm to Table Camp	1-5								<input type="checkbox"/> \$300		

REGISTER ONLINE!  
vsymca.org

## YMCA CAMP SHORE REGISTRATION FORM

Please detach this page and return to the Valley Shore YMCA with payment. PLEASE PRINT.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
 Address: \_\_\_\_\_ Town: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Age (as of 9/18) \_\_\_\_\_ Grade (as of 9/18) \_\_\_\_\_ Sex:  Female  Male  
 Guardian's Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Business /Home \_\_\_\_\_  
 Guardian's Employer: \_\_\_\_\_ Email Address: \_\_\_\_\_  
 Guardian's Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Business /Home \_\_\_\_\_  
 Guardian's Employer: \_\_\_\_\_ Email Address: \_\_\_\_\_

Please Indicate Tee Shirt Size:  Small  Medium  Large  Extra Large

### EMERGENCY CONTACT INFORMATION (OTHER THAN LISTED ABOVE):

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

The following people are authorized to pick up my child:

1. Name \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_  
 2. Name \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_  
 3. Name \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Special Information or Allergies:  YES  NO If YES please supply information here: \_\_\_\_\_

### PAYMENT INFORMATION:

Credit Card Number: \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVV \_\_\_\_\_ Signature of Card Holder: \_\_\_\_\_

Please enroll me in auto pay using the credit card above (preferred) or  Charge my deposits and bill me.

My signature below signifies that I agree with all information on this application and in the camp brochure. I understand that State Law prohibits my child from attending camp without a medical form completed by a physician within 36 months prior to the beginning of camp. Permission is also granted for the YMCA to take and use photographs of the person named on this application. I authorize YMCA officials to secure medical/emergency attention and treatment for the camper listed above. I have enclosed a \$50.00 non-refundable deposit per child/per camp session, non-transferable after April 30, 2018. I also agree to pay the balance of camp fees two weeks prior to the beginning of the camp session(s). Permission is granted for the signed camper to participate in all planned camp activities including field trips and walking trips. **The undersigned voluntarily agrees to hold the YMCA harmless for injuries or accidents resulting in bodily injury or property damage during my child's participation in programs at YMCA Camp Shore I further waive, release, absolve, and indemnify the Valley Shore YMCA, YMCA Camp Shore, its directors, volunteers, officers or employees for injuries or accidents occurring while participating in the programs of YMCA Camp Shore.**

Parent/Guardian Signature: \_\_\_\_\_ Date Signed: \_\_\_\_\_

FOR CAMP USE:  Deposit included: \$50 per Camper/per week \_\_\_\_\_  Registration Form signed (above)  Physical Received

REGISTER IMMEDIATELY ONLINE AT VSYMCA.ORG!



Non-Profit Org  
 U.S. Postage  
**PAID**  
 Old Saybrook, CT  
 Permit No. 414

# YMCA CAMP SHORE

IN WESTBROOK



## WELCOME TO YMCA CAMP SHORE

Welcome to Camp Shore! I am so excited to be returning for a second year as Camp Director. We have been working hard to make sure this summer will be one filled with lasting memories for your camper. We will be introducing several new ideas and programs to further enhance the Camp Shore experience. Through thoughtful feedback from families, detailed curriculum planning, and staff leadership development, we will create stronger programs for our campers that encompass the YMCA core values (caring, honest, respectful and responsible). Camp is a wonderful place for kids to grow physically, mentally and emotionally by building self esteem, character and leadership qualities. At Camp Shore our goal is to provide campers the opportunity to expand their horizons, challenge themselves, and build lasting memories. I am looking forward to spending the summer with positive, committed staff, campers and families. Thank you for giving your camper the opportunity to participate in Camp Shore. We are grateful to have you as part of our family and genuinely appreciate your trust in us. Please feel free to call me with any questions regarding camp.

**Rebekah Coffey, Summer Camp Director, 860-399-9622**



**BEST SUMMER EVER**  
FRIENDSHIP, ACCOMPLISHMENTS, BELONGING

**LIVE IN EAST LYME?**  
YMCA CAMP ECHO ROCK IS NOW AVAILABLE!  
Go to vsymca.org for more details!



**Why Choose Camp Shore?**  
Our day camp program helps children learn about who they are and become who they want to be. It's about developing new skills and healthy habits, reaching goals and building relationships. We help children gain self-confidence and build character while focusing on the whole child in spirit, mind and body.



**YMCA Camp Shore Promise**  
Your child's safety and best interest will be at the heart of all we do. All of our staff hiring practices, training designs and program plans are centered around creating the most supportive and rewarding experience for your child.



**NEW AND IMPROVED!**

We no longer require a YMCA membership for registration, so be sure to tell a friend to join you this summer at Camp Shore!

**ONLINE REGISTRATION**  
We've added the convenience of online registration! Register now to lock in your summer plans! Go to vsymca.org.

**ADVENTURE AND ENRICHMENT**  
Our specialty camps have been improved to really focus on adventure based or enrichment programming. Check out the exciting options!

**TRADITIONAL CAMP ENHANCEMENTS**  
We are adding specialty area staff to make sure that our traditional camp experience is unique, exciting and fresh.

**AUTO CREDIT CARD PAYMENT OPTION**  
Provide us with your credit card or bank information and we will divide your camp balance into even installments and charge them automatically. This option provides you with convenience and avoids the risk of losing a spot due to late payment of a balance.

## IMPORTANT INFORMATION

**REGISTRATION**  
Complete the registration form entirely, one per camper and return it to the Valley Shore YMCA. You may also register instantly online at vsymca.org. A \$50 non refundable deposit per session is due upon registration. The preferred method of payment is to enroll in our Automatic Credit Card Charge Option. Payment is due 2 full weeks prior to the start of your child's camp. Each child must have a completed health form on file at least two weeks prior to the start of camp. You can drop off, mail or fax your registration form.

**SCHEDULE**  
Camp runs one week sessions from June 25 to August 24. Regular camp hours are 9 AM to 4 PM. Extended care is available beginning at 7 AM and ending at 6 PM.

**FINANCIAL ASSISTANCE**  
We strive to provide camp to every child regardless of their ability to pay. In order to apply for financial assistance please visit the Y or download at vsymca.org under scholarship. You must apply for financial assistance before registering for camp and no new scholarship applications will be considered after May 1, 2018. Please call for more information.



**GENERAL INFORMATION**  
**LOCATION:** 201 Spencer Plains Road,  
 Westbrook-Outdoor Pavilion  
**VALLEY SHORE YMCA INFORMATION:**  
**PH: 860-399-9622 | FX: 860-399-8349**  
**WEBSITE:** www.vsymca.org

**YMCA CAMP SHORE**  
**OPEN HOUSE DATES:**  
**Saturday, April 21, 11 AM-1 PM**  
**Wednesday, June 6, 5-7 PM**

**EXTENDED CAMP CARE**  
**BEFORE CARE:** 7-9 AM **AFTER CARE:** 4-6 PM  
 Before **OR** After care: add \$45/session  
 Before **AND** After care: add \$80/session